

FINAL REPORT – VAVROUŠEK SCHOLARSHIP

NAME: Eliška Stříbrská

YEAR OF STUDY: 2nd year master study

TOPIC OF THE INTERNSHIP: Dialogic Booksharing

SCHOLARSHIP AMOUNT: 10 300 czk

COUNTRY OF IMPLEMENTATION: Tanzania

PERIOD: 9.11.-9.12.2023

- **Brief description of the internship:**

The main focus of the internship was collecting data at the ongoing project of Dialogic booksharing. The project is located on the countryside in Tanzania among poor families. It focuses on mothers and their children with the aim of developing deeper bond between the parent and the child as well as developing skills that can lead towards a healthy development of the child. As the children often lack a creative stimuli, it is believed that through the act of sharing a book as well as leading a dialogue with the child about the pictures in the book, the child has a better chance to develop higher cognitive functioning skills and show a deeper emotional and social functioning in the future.

- **Description of the activities:**

The whole stay was focused on organizing the experiments, collecting the data and completing data into data sets. After my arrival, the main task was to travel in various villages and collect the data by observing the children and supervising the project itself. As the facilitators were speaking mostly Swahili, me and a translator were present at the experiment, supervising the facilitator and helping her with any technical issues that might have occurred. I was also making sure that each part of the experiment is going as it should (e.g. the facilitator is checking the time and not letting the mother share the book with her child more or less than 5 mins etc.). Usually there was the need for looking for some mothers that did not come even though they should have. After coming back from the experiment, the main activity was to complete videos and audios together, name them according to the mothers name and make sure we collected all the data we need.

- **Benefit of the internship for student and partner organization:**

For me, the benefit was the outcome of overcoming all the challenges that came up during my stay. I was able to learn how to work in a collective of foreign people and how to collect data in the field. I am very happy that I was able to come closer to such a different culture such as the Tanzanian, to become more self-relied and to be pushed to organizing some activities of the project on the go. It was a great experience that will benefit me in the future and that will hopefully open more similar opportunities as I would love to become a part of similar non-governmental organization or of an

international organization that focuses on socio-economic and environmental issues in developing countries.

- **Presentation of the outcomes of the internship:**

The outcomes of this internship are presented not only by photographs in enclosed document but there is also an ongoing discussion with Greenpeace, as I am a volunteer in Greenpeace organization, to write an article concerning my stay in Tanzania.

FINAL BUDGET:

| Budget | Unit | Price per unit | Number of unites | Total | Contribution from Vavroušek Scholarship |
|------------------------|--------------|----------------|------------------|--------|---|
| Personal costs | Souvenirs | 4300 | 1 | 4 300 | - |
| Travel costs | | | | | |
| Transportation costs | Plane ticket | 19 200 | 1 | 19 200 | <i>Covered by UPOL *</i> |
| Accommodation | - | | | | - |
| Food | Food | 3000 | 1 | 3 000 | - |
| Consumables, equipment | SIM card | 700 | | | |
| | Visa | 1 200 | 2 | 1 900 | - |
| Others | Vaccination | 13 500 | 1 | 13 500 | 10 300 |
| Total | | | | 41 900 | 10 300 |

**the coverage from UPOL was 20 000 CZK*